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First and second order transition in frustrated XY systems*

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Abstract. The nature of the phase transition for the XY stacked triangular antiferromagnet (STA) is a controversial subject at present. The field theoretical renormalization group (RG) in three dimensions predicts a first order transition. This prediction disagrees with Monte-Carlo (MC) simulations which favor a new universality class or a tricritical transition. We simulate by the Monte-Carlo method two models derived from the STA by imposing the constraint of local rigidity which should have the same critical behavior as the original model. A strong first order transition is found. Following Zumbach we analyze the second order transition observed in MC studies as due to a fixed point in the complex plane. We review the experimental results in order to clarify the critical behavior observed.

PACS. 05.70.Fh Phase transitions: general aspects -64.60.Cn Order disorder transformations; statistical mechanics of model systems -75.10.-b General theory and models of magnetic ordering

1 Introduction

Phase transitions of frustrated spin systems have been extensively studied during the last decade (for reviews see [1]). In particular the nature of the phase transition of the stacked triangular antiferromagnet (STA) with XY spins interacting via nearest-neighbor bonds has been extensively investigated [3-6]. At high temperatures the symmetry group of this system is $O(2) \otimes Z_2$ whereas at low temperatures this symmetry is completely broken. The Ising symmetry Z_2 has its origin in the non collinearity of the spins in the ground state which can be classified as chirality plus or minus. For non frustrated systems the symmetry group in the high temperature region is simply O(2) and this difference in symmetry between frustrated and non frustrated spin systems should lead to a different critical behavior. Bailin [7] and Garel [8], using the renormalization group (RG), proved that there is no stable fixed point close to space dimension d=4 and they concluded that the transition is of first order. Extending the RG technique to a N component spin system, that is using $4 - \epsilon$ expansion to first order in ϵ (two-loops) and expanding also in 1/N, Kawamura [3] suggested a new universality class linked to the chirality for the transition with the exponents given by Monte-Carlo simulations [4]. With the same technique in $d = 4 - \epsilon$ and in three dimensions to three-loops, it was shown later that the transition for N=2 must be of first order [9,10]. Further Monte-Carlo studies [6,5] have confirmed that the exponents for

STA-system (see Tab. 5) are different from the ones of the standard O(N) universality class (given in Tab. 6). Simulations seem to favor the concept of a new chiral universality class or tricritical behavior. However, Plumer and Mailhot [11] used different exchange constants for spins along the c-axis and spins in the triangular planes, so that the hexagonal STA-system is quasi one-dimensional. They concluded that the transition is weakly first order.

There are two principal groups of magnetic materials which can be modeled by our system. Hexagonal perovskites ABX₃, which are quasi one dimensional systems with a planar anisotropy so that the spins are in the XY-plane belong to the first group. The most studied examples are CsMnBr₃ [31–41], RbMnBr₃ [42,43], CsVBr₃ [44], CsVcl₃ [45], and CsCuCl₃ [46,47]. For a review see reference [41]. The results of the first four compounds are compatible with second order transitions with exponents more or less in agreement with the MC simulations: for example $\nu=0.50(1)$ in MC and between 0.54(3) and 0.57(3) experimentally (for details see Tab. 1). However, the specific heat measurement of CsCuCl₃ indicates a cross over to first order in zero magnetic field [47].

Since the angle between the spins can be different from 120° for the STA-structure without changing the critical behavior [12], helimagnetic rare earths (see Ref. [48], for Ho [49–51,53,52,54–56], for Dy [57–63] and for Tb [64–68]) could also be analyzed by the STA-model. For helimagnets the critical behavior is quite varied (see the review for Ho and Dy Ref. [54]). Essentially three types of results exist: one in favor of a O(4) class [54,55,61,62], another in favor of a new universality class [51,52,59,60,64–68], and a third class which favors first order transitions [50,57,58]. See Tables 2-4 for details. With these results a definite answer

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Crystal	method	Ref.	α	β	γ	ν
			a	1-	,	ν
$CsMnBr_3$	Neutron	[32]		0.22(2)		
$CsMnBr_3$	Neutron	[33]		0.25(1)		
$CsMnBr_3$	Neutron	[34]		0.24(2)		
$CsMnBr_3$	Neutron	[35]		0.21(2)	1.01(8)	0.54(3)
$CsMnBr_3$	Neutron	[36]			1.10(5)	0.57(3)
$CsMnBr_3$	Calorimetry	[37]	0.39(9)			
$CsMnBr_3$	Calorimetry	[40]	0.40(5)			
RbMnBr ₃	Neutron	[42]		0.28(2)		
$RbMnBr_3$	Calorimetry	[43]	0.22-0.42			
$CsCuCl_3$	Calorimetry	[47]	$0.35(5)$ if $10^{-3} < t < 5 \times 10^{-2}$			
$CsCuCl_3$	Calorimetry	[47]	$> 0.6 \text{ if } 5 \times 10^{-5} < t < 5 \times 10^{-3}$			

Table 1. Experimental values of critical exponents for compound AXB₃.

Table 2. Experimental values of critical exponents for holmium.

Crystal	Ref.	α	β	γ	ν
Thermal expansion	[50]	1 st order			
Calorimetry	[51]	0.27(2)			
Calorimetry	[37]	0.10-0.22			
Neutron	[52]			1.14(10)	0.57(4)
Neutron	[53]		0.3(1)	1.24(15)	0.54(4)
Neutron	[54]		0.39(2)		
Neutron	[55]		0.39(4)		
X-ray	[53]		0.37(1)		
X-ray	[56]		0.39(4)		

Table 3. Experimental values of critical exponents for dysprosium.

method	Ref.	α	β	γ	ν
Thermal expansion	[57]	$1^{\rm st}$ order			
Calorimetry	[58]	1 st order			
Calorimetry	[59]	0.18(8)			
Calorimetry	[60]	0.24(2)			
Neutron	[52]			1.05(7)	0.57(5)
Neutron	[54]		0.38(2)		
Neutron	[61]		0.38(3)		
Neutron	[62]		0.39(1)		
Mössbauer	[63]		0.335(10)		

cannot be given about the order of transition. In Section 5 we will come back to this point.

In order to check the results of the renormalization group studies [9] we have studied the STAR and the Stiefel model [13]. The first is derived from the STA model by imposing the constraint that in each triangle the sum of the spins is zero at all temperatures. The modes removed are irrelevant for the RG and the two models STA and STAR should be in the same universality class, provided such a class exists. As is explained in the next section the

Stiefel model we use for the simulation is connected to the STAR model. Each cell of three spins plus constraint is equivalent to a system of dihedral, *i.e.* an ensemble of two perpendicular vectors. Neighboring pairs of vectors interact ferromagnetically, but only vectors of the same kind. Since these two systems have the same number of degrees of freedom, they should belong to the same universality class. We think that the two models are closer to the RG studies than the original stacked triangle antiferromagnet. We can therefore check the predictions of the RG and gain

Table 4. Experimental values of critical exponents for terbium.

method	Ref.	α	β	γ	ν
Calorimetry	[64]	0.20(3)			
Neutron	[65]		0.25(1)		
Neutron	[66]		0.23(4)		
Neutron	[67]				0.53
X-ray	[68]		0.21(2)		

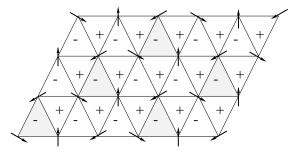


Fig. 1. Ground state configuration for the STA and the STAR model. The chirality of each triangle is indicated by + or -. The other ground state configuration with opposite chirality is obtained by reversing all spins. The supertriangles are dark.

an understanding of the difficulties one has with the results of Monte-Carlo simulations and measurements in the critical region.

In Section 2 we present the two models. The simulations and the details of the finite size scaling analysis for a first order transition are explained in Section 3. The results are shown in Section 4. Discussion and conclusions are in Section 5.

2 Model and simulation

2.1 The STAR model

Starting from the stacked triangular antiferromagnet (STA) we take the simplest Hamiltonian with one antiferromagnetic interaction constant J>0

$$H = J \sum_{(ij)} \mathbf{S}_i \cdot \mathbf{S}_j , \qquad (1)$$

where \mathbf{S}_i are two component classical vectors of unit length. The sum runs over all nearest neighbor pairs, that is the spin \mathbf{S}_i has six nearest neighbor spins in the same XY-plane and two in Z-direction in adjacent planes. The ground state is characterized by a planar spin configuration with three spins on each triangle forming a 120° structure with either positive or negative chirality (see Fig. 1). The ground state degeneracy is thus twofold like the Ising symmetry, in addition to the continuous degeneracy due to global rotations.

In the RG theory one uses the concept of local rigidity which means that the sum of three spins S_1 , S_2 , S_3 on the corners of a triangle is set to zero

$$\mathbf{S}_1 + \mathbf{S}_2 + \mathbf{S}_3 = \mathbf{0} \ . \tag{2}$$

In this theory the local fluctuations violating this constraint become modes with a gap. Thus they do not contribute to the critical behavior and can be neglected. The constraint in (2) used for an ordinary collinear antiferromagnet with two spins instead of three eliminates also one degree of freedom so that only one is left which means that the critical behavior of antiferromagnet is the same as that of a ferromagnet. In our case we are left with two degrees of freedom. We choose one spin direction and then have one more choice for the chirality, that is the direction of the second spin could be chosen clockwise or counterclockwise with respect to the first spin.

In order to impose local rigidity for the MC simulation, we first partition the lattice into interacting triangles which do not have common corners. This can be done as follows. In each XY-plane one selects in a row one "supertriangle". Then one finds two nearest supertriangles which do not share a common corner in the row (they are separated by two head-up and three head-down triangles). This process is repeated. Then one takes the next row until all rows in the XY-planes are filled with triangles which do not share corners, see Figure 1. All spins are then located on the supertriangles and each spin belongs to only one supertriangle. Local rigidity means that the three spins in each supertriangle form a 120° structure. Only in the ground state all the supertriangle have the same orientation. At finite temperature local rigidity means that there are no local fluctuations within a supertriangle, but fluctuations between supertriangles are allowed.

The MC updating procedure for the state of the supertriangles is made as follows. At a supertriangle, we take a new random orientation for one of its three spins; next we choose a second spin so as to form a $\pm~120^{\circ}$ angle with the first spin. For the orientation of the third no freedom is left. The interaction energy between the spins of this supertriangle with the spin of the neighboring supertriangles is calculated in the usual way and we follow the standard Metropolis algorithm to update one supertriangle after the other.

We consider $L \times L \times L_z$ systems, where $L \times L$ is the size of the planes, and $L_z = 2L/3$ the number of planes. L must be a multiple of three so that no frustration occurs because of periodic boundary conditions in the XY-planes. Simulations have been done for systems sizes with L = 12, 18, 24, 30, and 36.

The order parameter M used in the calculation is

$$M = \frac{1}{N} \sum_{i=1}^{3} |M_i| , \qquad (3)$$

where M_i (i=1,2,3) is the i-th sublattice magnetization and $N=L^2L_z$ is the total number of the lattice

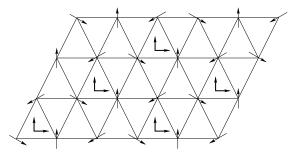


Fig. 2. The dihedral are drawn at the center of each elementary supertriangle.

sites. This definition corresponds to the one for the ordinary antiferromagnet with only two sublattices. Instead of alternating signs for the collinear case the non collinear staggered magnetization is obtained by making a rotation of $+120^{\circ}$ (-120°) for the second (third) magnetization before summing over the three sublattice magnetizations.

The chirality κ is defined in the usual way

$$\kappa_i = \frac{2}{3\sqrt{3}} \left[\mathbf{S}_i^1 \times \mathbf{S}_i^2 + \mathbf{S}_i^2 \times \mathbf{S}_i^3 + \mathbf{S}_i^3 \times \mathbf{S}_i^1 \right], \quad (4)$$

$$\kappa = \frac{1}{N'} \left| \sum_{i} \kappa_i \right| \,, \tag{5}$$

where the summation is over all supertriangles and N' = N/3 is their number. The chirality κ_i of one triangle is parallel to the Z-axis and equal to ± 1 .

2.2 The Stiefel model

The Stiefel model can be derived from the STAR model [2]. We give the main points. In each elementary cell an orthonormal basis

$$\mathbf{e}_a(i); \ a = 1, 2$$
 (6)

is defined, where i is the superlattice index. Each spin located in the cell can be represented in this basis

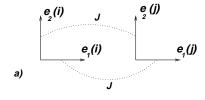
$$\mathbf{S}_i = \sum_a s_a(i) \, \mathbf{e}_a(i) \ . \tag{7}$$

If we put this expression into the Hamiltonian (1) we obtain a new Hamiltonian with interactions between the orthogonal vectors $\mathbf{e}_a(x)$:

$$H = J \sum_{ij} \left[\mathbf{e}_1(i) \cdot \mathbf{e}_1(j) + \mathbf{e}_2(i) \cdot \mathbf{e}_2(j) \right]. \tag{8}$$

The interaction can be chosen negative (or ferromagnetic) and the sum \sum_{ij} is for simplicity over nearest neighbor pairs of a simple cubic lattice instead of a hexagonal lattice since the new spins \mathbf{e}_a (see Figs. 2 and 3) are no longer frustrated. The chirality κ for the Stiefel model is defined as

$$\kappa = \frac{1}{N} \left| \sum_{i} \mathbf{e}_1(i) \times \mathbf{e}_2(i) \right|. \tag{9}$$



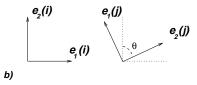


Fig. 3. (a) Dihedral and their interaction. $\mathbf{e}_1(i)$ interacts only with $\mathbf{e}_1(j)$ not with $\mathbf{e}_2(j)$ which interacts with $\mathbf{e}_2(i)$. (b) Two dihedral with opposite chirality. The energy of the interaction is equal to $\cos(\pi - \theta) + \cos(\theta) = 0$.

The Hamiltonian (8) is similar to the one of the Ashkin-Teller model [14]. Indeed we can give this Hamiltonian a form which is close to it. The interaction energy of two nearest neighbors (ij) with opposite chirality (9) is zero and with the same chirality it is $2 \mathbf{e}_1(i) \mathbf{e}_1(j)$ (see Fig. 3). Therefore the Hamiltonian can be written as

$$H = J \sum_{i,j} (1 + \sigma_i \sigma_j) \mathbf{S}_i \mathbf{S}_j$$
 (10)

where $\sigma = \pm 1$ is an Ising spin representing the chirality and \mathbf{S}_i is an XY-spin. In Hamiltonian of Ashkin and Teller only Ising spins appear.

Despite the fact that the Stiefel model is extensively studied, especially in two dimensions, no clear picture emerged. The problem is to know whether there are two transitions, an Ising and a Kosterlitz-Thouless transition, or only one transition of a new type [15,16]. In three dimensions it has been shown that there is only one transition [2–5]. Here the problem is to determine the order of the transition.

The procedure of MC procedure is as follows. At each site one takes a new random orientation for the first vector and chooses for the second vector a perpendicular direction (we have two choices: $\pm 90^{\circ}$, the Ising degrees of freedom). We have two degrees of freedom the same number as for the STAR model. The interaction energy between this dihedral and its neighbors is calculated. If it is lower than the energy of the old state, the new state is accepted. Otherwise, it is accepted only with a probability according to the standard Metropolis algorithm. It is possible to use a cluster MC algorithm [13], but in the case of a strong first order transition there is no reduction of the critical slowing down [17]. Periodic boundary conditions are used.

Systems with L=12, 15, 18, 21, 24 have been simulated. To compare with the size L of the STA or the STAR model, we must multiply L by $\sqrt{3}$. One supertriangle or triangle contains three spins and is represented by one site in the Stiefel model. So we obtain equivalent sizes from 20 to 40.

The order parameter M for this model is

$$M = \frac{1}{N} \sum_{i=1}^{2} |M_i|, \qquad (11)$$

where M_i (i = 1, 2) is the magnetization for the vectors \mathbf{e}_i and the sum is over all sites and $N = L^3$ the total number of sites.

2.3 Definitions, histogram methods and finite-size scaling

We use in this work the histogram MC technique developed by Ferrenberg and Swendsen [18,19]. The histogram for the energy $P_T(E)$ is very useful for identifing a first order transition. Also the data obtained by simulation at T_0 can be used to obtain thermodynamic quantities at temperature T close to T_0 . Since the energy spectrum of a Heisenberg spin system is continuous, the data list obtained from a simulation is basically a histogram with one entry per energy value. In order to use the histogram method efficiently, we divided the energy range E < 0 by 10 000 bins. We have verified that we obtain the same results, with our precision, for 30 000 bins.

The critical slowing down in a first order transition is greater than in a second order transition because of energy barriers, and thus the time of the simulation, to go from one state to another grows exponentially with the size of the lattice. For this reason we restricted our simulations to systems not too large to have good enough statistics. In each simulation, at least 2 millions (3 millions for the greater sizes) measurements were made after enough Metropolis updating (500 000) were carried out to reach equilibration.

For each temperature T we calculate the following quantities

$$C = \frac{(\langle E^2 \rangle - \langle E \rangle^2)}{Nk_B T^2} , \qquad (12)$$

$$\chi = \frac{N(\langle M^2 \rangle - \langle M \rangle^2)}{k_B T} , \qquad (13)$$

$$\chi = \frac{N(\langle M^2 \rangle - \langle M \rangle^2)}{k_B T} , \qquad (13)$$

$$\chi_{\kappa} = \frac{N(\langle \kappa^2 \rangle - \langle \kappa \rangle^2)}{k_B T} , \qquad (14)$$

$$V = 1 - \frac{\langle E^4 \rangle}{3\langle E^2 \rangle^2} , \qquad (15)$$

where M is the order parameter, C the specific heat per site, χ the magnetic susceptibility per site, V the fourth order energy cumulant, $\langle ... \rangle$ means the thermal average.

The finite size scaling (FSS) for a first order transition has been extensively studied [20-22]. A first order transition should be identified by the following properties:

- a) $P_T(E)$ has a double peak.
- b) The maximum of the specific heat C and the susceptibilities χ and χ_{κ} are proportional to the volume L^d .

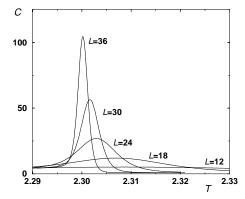


Fig. 4. Specific heat for the STAR model for various sizes as function of temperature.

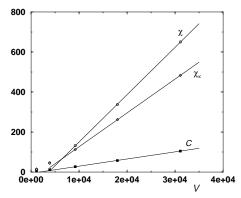


Fig. 5. Maxima of the specific heat C, the susceptibility χ (magnetization) and χ_{κ} (chirality) as function of the volume $V = L^2 \cdot L_z$ for the STAR model.

c) The minimum of the fourth order energy cumulant Vvaries as:

$$V = V^* + b L^{-d} , (16)$$

where V^* is different from 2/3, see below.

d) The temperatures T(L) at which the quantities C, χ or χ_{κ} have a maximum should vary as:

$$T(L) = T_c + a L^{-d}. (17)$$

All this conditions will be verified for our systems.

3 Results

In Figure 4 the specific heat C of the STAR model is plotted as function of the temperature for various sizes (we note that the maximum is 30 times larger than the usual value of STA which is a sign of a first order transition). The value of the maximum as function of the volume is shown in Figure 5 for C, χ and χ_{κ} . We note that the maxima vary like the volume except for the smaller sizes where further corrections are important.

In Figure 6 the same quantities are shown for the Stiefel model. In all cases the maxima vary for the greater

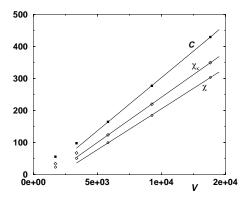


Fig. 6. Maxima of the specific heat C, the susceptibility χ (magnetization) and χ_{κ} (chirality) as function of the volume $V = L^3$ for the Stiefel model.

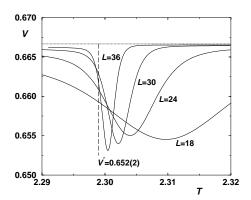


Fig. 7. V as function of temperature for different sizes for the STAR model. The dotted line indicates the value of $V^* = 2/3$ for the second order transition. The broken line is our estimate of V^* at the critical temperature $T_c = 2.2990$.

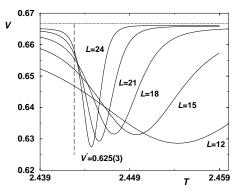


Fig. 8. V as function of the temperature for different sizes for the Stiefel model. The dotted line indicates the value of $V^* = 2/3$ for the second order transition. The broken line is our estimate of V^* at the critical temperature $T_c = 2.4428$.

sizes proportional to the volume as they should for a first order transition.

In Figures 7 and 8 we have plotted V as function of T for different sizes L for the STAR and the Stiefel model respectively. We can see that V does not tend to 2/3 (for a second order transition) but to a value $V^* < 2/3$. This value is calculated by fitting the minimum with (16). As

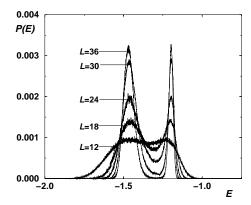


Fig. 9. Energy histogram P(E) as function of energy per site E for the STAR model for various sizes L at different temperatures of simulation: $T_{12}=2.3136,\ T_{18}=2.3065,\ T_{24}=2.3020,\ T_{30}=2.30085,\ T_{36}=2.29968.$

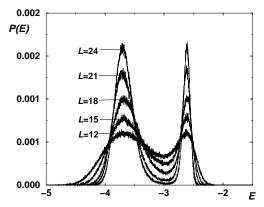


Fig. 10. Energy histogram P(E) as function of energy per site E for the Stiefel model for various sizes L at different temperatures of simulation: $T_{12} = 2.4495$, $T_{15} = 2.4468$, $T_{18} = 2.44525$, $T_{21} = 2.44425$, $T_{24} = 2.44377$.

result we obtain for the STAR model

$$V^* = 0.652(2) \tag{18}$$

and for the Stiefel model

$$V^* = 0.625(3). (19)$$

Figures 9 and 10 show the energy distribution for different sizes at different temperatures for the STAR and Stiefel model. The double peaks observed, even for a very small L, indicate a strong first order transition. With increasing sizes, these two peaks are separated by a region of zero probability, indicating a discontinuity of the energy at the transition. We estimate the correlation length ξ_0 by 1/3 of the smallest size where the two peaks are well separated by a region of zero probability which is the distance needed for the two phases to coexist. This method yields the correct answer in the case of Potts models. We obtain $\xi_0 \sim 12$ for the STAR model and $\xi_0 \sim 9$ for the Stiefel model (see Figs. 9 and 10).

To obtain the critical temperature we can use (17). The results are

$$T_c = 2.2990(5) \tag{20}$$

Table 5. Critical exponents by Monte-Carlo for $O(2) \otimes Z_2$. The first result [4] comes from a study at high and low temperature and uses of FSS. The second [5] uses the Binder parameter [24] to find T_c and uses the FSS, the third [6] uses the maxima in FSS region. The results β_{κ} , γ_{κ} , ν_{κ} are the exponents for the chirality.

Ref.	α	β	γ	ν	η^1	β_{κ}	γ_{κ}	ν_{κ}
[4]	0.34(6)	0.253(10)	1.13(5)	0.54(2)	-0.09(8)	0.45(2)	0.77(5)	0.55(2)
[5]	0.46(10)	0.24(2)	1.03(4)	0.50(1)	-0.06(4)	0.38(2)	0.90(9)	0.55(1)
[6]	0.43(10)			0.48(2)				

¹ calculated by $\gamma/\nu = 2 - \eta$.

for the STAR model and

$$T_c = 2.4428(4) \tag{21}$$

for the Stiefel model. We have sizable corrections for the small systems. Comparing the last results with those of Kunz and Zumbach [13] for the case $V_{2,2}$ similar to ours we agree with their result $T_c = 2.445$.

Our results show clearly the first order transition for the STAR and Stiefel model. So we confirm the indication given in [13] for the Stiefel model where in the high temperature region ν was determined not too far away from 1/3 which is the value for a first order transition.

4 Discussion

We have shown that the STAR and the Stiefel model have first order transitions. These models are equivalent to the STA in the RG theory, because the constraint of local rigidity is not relevant in the transition region. Consequently the phase transition for the original triangular antiferromagnet STA must also be of first order, and this result holds generally for all systems with a breakdown of symmetry of type $O(2) \otimes Z_2$. How can we reconcile our results with those of the MC of the STA model and the experimental results?

For the MC simulation of the original frustrated spin system the second order transition is an effect of the finite system size according to Zumbach's analysis of "almost second order phase transitions" [25]. The main point of this analysis is that the stable fixed point F_c , known to exist only for the number of components $N > N_c$, moves into the unphysical complex plane when $N < N_c$. In our case N=2, the estimation for N_c is $N_c=3.91$ [9] and a second order transition could never occur. Nevertheless this complex fixed point has a large basin of attraction and mimics a behavior of a real fixed point. Only if the system is very large, i.e. if $L \geq \xi_0$, where ξ_0 is the largest correlation length, the transition will appear of first order. The phenomenon of a crossover between a second order to a first order transition is not so uncommon. An extreme case is the Potts model in two dimensions with q=5components, where the transition is known to be of first order [27]. The MC always gives a second order transition with critical exponents of an instable fixed point [28] due to the enormous correlation length ξ_0 .

If the Hamiltonian is a sum of two terms, one interaction being of the Heisenberg symmetry and the other of Ising symmetry: $H = H_{Heisenberg} + H_{Ising}$ and if $H_{Ising} \ll H_{Heisenberg}$, one has a crossover between a region of Heisenberg type to Ising behavior close to T_c . If the system size is too small we will only see the region controlled by the Heisenberg fixed point and therefore obtain the exponents of the Heisenberg magnet. In a sense we have the same situation if we replace the Heisenberg fixed point by the Zumbach fixed point. However, there is an essential difference: for the fixed point in the complex plane, one has to modify the scaling relation

$$\gamma/\nu = 2 - \eta + c \tag{22}$$

by a constant c different from zero [25]. If the fixed point is real c must be zero.

We can use this relation as a criterion for real or complex fixed points. In three dimensions η is usually small, that is ~ 0.03 (see Tab. 6), but it must be positive [29] and therefore $\gamma/\nu \leq 2$ for a genuine second order phase transition. If the ratio $\gamma/\nu > 2$ the fixed point must be complex. The correction c in the scaling law (22) will depend on the distance of the fixed point from real space. Therefore one expects that c will be greater for the XY (N=2) case than for the Heisenberg (N=3) case. For frustrated Heisenberg systems it will be difficult to find out whether $\eta_{eff} = \eta - c$ is negative.

With the relation $\gamma/\nu=2-\eta$ we obtain $\eta=-0.06$ using the results of MC simulation [5] and $\eta=-0.16$ from experimental values of Ho [53]. Thus the fixed point is in the complex plan and the second order transition observed in the XY systems has only an "almost second order" character.

The effect of imposing local rigidity obviously forces the system to stay away from the region of influence of the complex fixed point F_c and thus permits to "see" the true first order behavior. Introducing larger coupling constants for inter-plane interactions than for intra-plane interactions [11] seems to have a similar effect as the local rigidity constraint.

A further remark concerning MC simulations and the fixed point F_c in the complex plane: Zumbach [25] has shown that the finite size scaling in this case does not hold. The FSS ansatz for the free energy should be replaced by

$$f = L^{-d}g[L/\xi, c_2\ln(L)]$$
, (23)

where g is a function of L/ξ , but also of $\ln L$. The constant c_2 is proportional to the constant c of (22). This constant is small and therefore the correction to FSS. Indeed if we

Table 6.	Critical	exponents	for	the	ferromagnetic	$\operatorname{systems}$
calculated	by RG [2	6].				

symmetry	α	β	γ	ν	η
Z_2	0.107	0.327	1.239	0.631	0.038
O(2)	-0.010	0.348	1.315	0.670	0.039
O(3)	-0.117	0.366	1.386	0.706	0.038
O(4)	-0.213	0.382	1.449	0.738	0.036
O(5)	-0.297	0.396	1.506	0.766	0.034
O(6)	-0.370	0.407	1.556	0.790	0.031

take for the true value of η the value of the ferromagnetic case $\eta \sim 0.03$ (see Tab. 6) the value of c will be at most equal to $c \sim 0.03 + 0.06 \sim 0.1$ (see discussion above) and if we compare with $2 - \eta$ in (22) this gives an error of 5%. However, small but not negligible corrections to the standard FSS could explain the differences in MC simulations obtained with different methods (see Tab. 5).

We will discuss now the experiments in the light of the concepts used. In order to see the first order region the temperature resolution is the limiting factor not the finite size. However, they are linked through $t_0 \propto \xi_0^{-1/\nu}$ with $\nu \sim 0.5$ found by MC and ξ_0 depending on the materials studied. The temperature distance $t_0 = (T-T_c)/T_c$ could be too small to be measurable.

The experiments on CsMnBr₃ [31–41], RbMnBr₃ [42,43] and CsVBr₃ [44] (Tab. 1) give exponents compatible with those of MC on STA and a second order transition (see Tabs. 1 and 5). We can interpret this result by the fact that the systems are under the influence of a complex fixed point and t_0 is too small to observe a first order transition.

The case CsCuCl₃ [47] (Tab. 1) is different since the authors observe a crossover from a second order region with exponents compatible with MC on STA for $10^{-3} < t < 5 \times 10^{-2}$ to a region of first order transition for $5 \times 10^{-5} < t < 5 \times 10^{-3}$. For $t < t_0 \approx 10^{-3}$ one seems to observe the true first order region.

Helimagnetic rare earth metals are more complicated as already discussed in the introduction (see also Tabs. 2-4). The results compatible with those of the MC on STA for Ho [51,53,52] (Tab. 2), Dy [52,59,60] (Tab. 3) and Tb [64–68] (Tab. 4) can be interpreted as before: the systems are under the influence of F_c . The first order transition for Ho [50] and Dy [57,58] is due to the fact that the measurements were done in the first order region near the critical temperature. The values of the exponent $\beta \sim 0.39$ in the case of Ho and Dy (see Tabs. 2-3) are not compatible with those found by MC ($\beta \sim 0.25$). This fact can be explained by the presence of a second length scale in the critical fluctuations near T_c related to random strain fields which are localized at or near the sample surface [53]. Thus the critical exponent β measured is of this second length. However the result of β for Tb (Tab. 4) shows values compatible with MC but it has been proved that this second length is present also in Tb [67]. Further measurements to determine β should help in the interpretation.

We have tried to give a general picture of the phase transition of frustrated XY spins where the breakdown of symmetry is of type $O(2) \otimes Z_2$. We have shown that this transition is first order but usually not seen because of the presence of a fixed point in the complex plane. One way to observe that the behavior is really driven by such a fixed point is the existence of a negative value for η in the Monte-Carlo simulations and experimental systems. Another problem discussed in the literature is that the transition is influenced by the presence of topological defect which are not visible in the continuum formulation of the RG (for the presence of topological defect in Stiefel model see [13]).

From our experience with the frustrated XY-model we conclude that the true first order transition for the frustrated Heisenberg model cannot be reached in MC simulations. The experimental situation should be similar. However, due to presence of the anisotropies one possibly cannot reach the Heisenberg first order region but will have a crossover to the Ising or XY region [16].

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